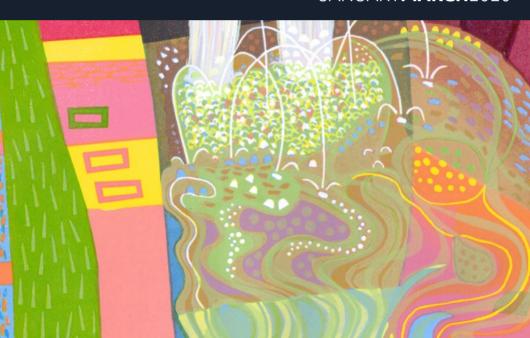
# THEHORSEBRIDGE ARTSCENTRE

WHAT'S**ON** JANUARY**MARCH**2020







# betty loves bryan

Contemporary art, homeware and clothes

And THE place to buy Breton stripes!

108 High Street, Whitstable, Kent CT5 1AZ 01227 271001 / 07788 910115







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#### **OPENINGHOURS**

Mondays to Saturdays 9am - 5pm open later for booked classes and events

Sundays 10am - 4pm

The Cafe closes 30 minutes before the centre.

The centre is closed for Christmas 22 December - 6 January

#### **BOOKTICKETS**

book online at thehorsebridge.org.uk/tickets

or by phone on **01227 281174** 

11 Horsebridge Road, Whitstable, Kent. CT5 1AF info@thehorsebridge.org.uk



front cover image

Dark Gate a 4 block colour reduction linocut by Erik Gaskell as part of the Print Show from 11 January to 2 February, see page 17 for details

Charity number: 1099570

**14** Young History Makers Pudding Pan Rock



**43**Alternative Valentines
Quiz & Curry fundraiser











this is what I want to

show you #LMSY2020

#### WELCOME WINTER

Over the last few months we have had fantastic support with fundraising to meet our day to day costs. We have been very successful in securing grant funding for our creative community projects but grants don't generally pay for things like utilities, cleaning or covering our reception desk. Most of these costs are met through renting our spaces and our shop but we do need to raise about £2,000 every month to keep the doors open seven days a week.

The Horsebridge Art Auction saw 63 wonderful donated pieces of Art sold over five frantic days of bidding – both in person and online, which raised an incredible £4358 with £218 going to Pilgrims Hospice.

We have revamped our **Friends** scheme, offering three different levels of commitment and some great benefits including **10% off in Revival Café and our Shop** as well as cheap or free film tickets. Do take a look at the details on *page 47* or our website where you can **join up** straight away.

Cafe Revival are now firmly established and we are loving the wonderful food, drink, and setting that they have brought to the centre. We will be holding our first joint event in February, an Alternative Valentines Quiz and Curry fundraising evening. Grab a team of up to six people and prepare to battle!

A huge **thank you for all your support** – without it we couldn't provide or support all the great activities, exhibitions and events that we do!

Liz Daone, Centre Director

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Local fish from
Whitstable Harbour

Classic French Cuisine

Opening Times:

#### Lunch

Tues - Sun 12.00/2.30

#### Evenings

Tues - Mon 6.00/9.30

41 Harbour Street Whitstable, Kent CT5 1AH For reservations telephone: 01227 265337



#### HORSEBRIDGE FILM

M Thursday matinees: £4 Earlybird £3 Sundays and Fridays: £5 Earlybird £4

We have recently been awarded funding from National Lottery Awards for All to support our regular matinee film screenings. This means that we will be replacing our fifteen-year-old projector for our film events – we are really looking forward to being able to improve the viewing experience of our audiences.

Our winter season of films include a Sunday morning screening of family film The Whale Rider followed by a matinee of FEMINISTA Film Festival screening. Our Friday film this season is Jellyfish.

Our Thursday Matinee film screenings are as much a social occasion for many as they are a chance to watch the film. Every Thursday matinee screening includes free tea or coffee and biscuits, sorry this doesn't apply to Sunday.



tickets: thehorsebridge.org.uk/tickets or 01227 281174

#### **JANUARY**

Mildlife (2018)
Thursday 23 January 2pm

Fourteen-year-old Joe is the only child of Jeanette and Jerry - a housewife and a golf pro - living a seemingly idyllic life in 1960s Montana. His family's carefully constructed façade is about to come crashing spectacularly down however, when Jerry loses his job and his sense of purpose.

1hr 44mins Cert 12A Tickets £5, for earlybird £4 price: book by 9 January.



#### **FEBRUARY**

M Yesterday (2019) Thursday 27 February 2pm

Jack Malik was just another struggling songwriter...but that was yesterday. After a mysterious blackout, Jack discovers he is the only person on earth who remembers The Beatles! As he rockets to fame by passing off the Fab Four's songs as his own, Jack risks losing Ellie – the one person who has loved him and believed in him from the start

1hr 53mins Cert 12 Tickets £5, for earlybird £4 price: book by 13 February.

JANUARY**MARCH**2020





# Fishslab Gallery

11 Oxford Street Whitstable CT5 1DB

www.fishslabgallery.co.uk



fishslab art gallery



@fishslab1

#### HORSEBRIDGE FILM

#### MARCH

Sunday Family Film in conjunction with International Women's Day

Whale Rider (2002)

Sunday 8 March 10.45am

A young mother dies in childbirth along with her newborn male son, who was supposed to be the Whangara tribe's next leader. His twin sister, Pai, manages to survive and is brought up by her grandparents. She enlists the help of her uncle to teach herself the art of chiefdom and it appears that she possesses a natural leadership ability.

1hr 37mins Cert PG Tickets £5, for earlybird £4 price: book by 23 February.



## **FEMINISTA FILM FESTIVAL, UK TOUR** Sunday 8 March 2pm

Celebrate International Women's Day by watching an inspired selection of short films celebrating the accomplishments of women and girls from around the world. Programme includes 8 festival favourites - stories from Wales to Pakistan, from wild swimmers to pizza makers. Inspiration guaranteed!.

1hr 35mins Suitable for ages 15+ Tickets £5, for earlybird £4 price: book by 23 February.

#### Jellyfish (2018)

Friday 13 March 7pm

Between being bullied at school, put upon by her overbearing boss at the local arcade and having to look after her younger brother, sister and manic-depressive mother, life isn't easy for Sarah Taylor [15]. However, when Sarah's drama teacher channels her ferocious and volatile energies in to a stand-up comedy routine for the graduation showcase, Sarah discovers that she may have a hidden talent. Filmed in Margate with an amazing performance by Liv Hill.

1hr 41mins Cert 15 Tickets £5, for earlybird £4 price: book by 28 February.



#### Mrs. Lowry & Son (2019) Thursday 26 March 2pm

This is the beautiful, delicate, intimate and amusing story of the brittle but vital relationship between L. S. Lowry - one of the greatest artists of the 20th century - and his bedridden, unhappy and controlling mother. Engrossing and entertaining, Mrs. Lowry & Son offers up a veritable masterclass in acting, with Vanessa Redgrave and Timothy Spall spellbinding as a mother and son separated by art and ambition.

1hr 31mins Cert PG Tickets £5, for earlybird £4 price: book by 12 March.

















#### **HORSEBRIDGETALKS**

This season we welcome another season of talks from Paul Elliott along with a new season of *Art Decades*.

Paul Elliott introduces a series of talks which open a debate on mental health. These talks will include guest speakers and the opportunity to engage in discussion with an emphasis on how creativity can be used for positive change.

The 2020 series of *Art Decades* talks attempt to unveil the hidden lives of rock artists outside the recording studio and finds out how they coped when they were really tested to the limit.

Booking is recommended.

#### **JANUARY**

#### **Happy New Fear**

Wednesday 15 January arrive 7pm for 7.30pm

Paul Elliott delves back into the past to discover why we seem to be so frightened of nearly everything. From atomic bombs to over polished floors, the seventies, newspapers and politicians seem to have a lot to answer for

RFF

#### **FEBRUARY**

## Art Decades: But Beautiful - the Cover Art of Blue Note

Wednesday 5 February 7 - 8pm

If Jazz is America's Classical Music, then the lustrous shades of Blue Note's coverdesign are surely the classical forebears of the best in album cover art. These pioneers in design and typography deserve to be celebrated more than they are, and their wide influence - right up to the present day - clearly illustrated.

Tickets: £7

#### Once Upon A Time

Wednesday 12 February arrive 7pm for 7.30pm

Paul Elliott explores how narrative plays an important part in our mental health and what we can do to change the way we respond to life events. If how we see the world forms the way we feel then perhaps it's time to start rewriting our own stories.

**FREE** 

# Art Decades: Days In The Life: tuning in to the counterculture

Wednesday 19 February 7 - 8pm

A look at the heady days of the mid-late Sixties where UK and US bands were surrounded by exciting new voices in art, literature and politics. Days in the Life explores how a radical consensus was formed and laid down the strongest challenge yet to the Establishment and how rock royalty moved into the vanguard of this movement

Tickets: £7

tickets: thehorsebridge.org.uk/tickets or 01227 281174

#### HORSEBRIDGE SHOP

Almost all of the stock that we sell in the shop is designed and made in the Kent (mostly in Whitstable and Herne Bay). We really want the shop to not only support the running of the centre but also the careers of local artists and makers. We have recently started selling work by two emerging local makers who have both recently launched their businesses.









Visit our shop for a range of locally made cards, books, prints, ceramics, glassware, homeware, bags, t-shirts, accessories and craft kits.

HORSEBRIDGEFRIENDS receive a 10% discount in the shop, find out more on page 47.

#### MEET THE MAKER

**Sophie Stokes** is the brand created by artist, designer and recent graduate Molly Lambourn, Molly prints her hand-drawn and painted designs onto 100% recycled plastic jewellery (which could be recycled again if wanted to!) We love her Frida Khalo inspired designs and now have









Herne Bay based designer Sophie Francis launched Bini and Blossom this Autumn. She works with lino printing and embroidery to create a range of bold and bright cushions inspired by her love of colour, pattern and textiles. Her current collection features birds, skulls and ivy with neon accents.

#### **HORSEBRIDGE TALKS**

#### MARCH

#### Man Up

Shopping

at

Horseb

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lge

supports

local makers

and

more

Thursday 12 March arrive 7pm for 7.30pm

What does the phrase 'man up' even mean? What does being a man entail? And how do you get a six pack?\* Paul Elliott looks into what makes a man a man and then wonders if men are truly happy fitting into the confines of those rigid parameters.

\* This topic may not be answered during the course of the talk

FRFF

#### Art Decades: When I Paint My Masterpiece Thursday 19 March 7 - 8pm

The parallel 'careers' of some illustrious names in rock is this month's Art Decades theme. Occasionally, there are artists such as Bob Dylan, Captain Beefheart and Julian Cope who have come through the music business and gone out the other side, creating new outlets for their creativity and imagination. This talk presents some of the highlights of these radical departures from the rock and roll circuit.

Tickets: £7

### PUDDING PAN ROCK GALLERY 1 AND 2 AT THE HORSEBRIDGE

The Young History Makers combine heritage and contemporary arts in an exciting new exhibition as they unravel the mystery of how hundreds of little red roman pots ended up on the Whitstable and Herne Bay sea bed



# HISTORY RECORDING EVENING 30TH OF JANUARY 5PM~7PM

Do you have any Pudding Pans in your family? Interesting archaeological finds or unusual beach finds? The Young History Makers want to know about them!

Bring them along to the Horsebridge Arts Centre to have them identified by archaeologists and recorded by the Young History Makers.



CANTERBURY ARCHAEOLOGICAL TRUST LP





#### Supported by

The Cleary Foundation



#### CLUBS GROUPS

Get involved in the clubs and groups that meet at THFHORSEBRIDGE

#### **BEAD 'N' BANTER BEADING CLUB**

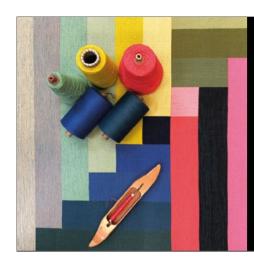
#### One Wednesday a month

5 Feb, 4 Mar 10am - 12.30pm

Bring along your beadwork and enjoy chatting and making new friends and exchange ideas and tips on this absorbing hobby.

We have a monthly raffle, quarterly challenges. discussions on the latest magazines and books, and much much more





### MARGO SELBY

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margoselby.com

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Aesthetics

Menopause Meet Ups!

#### GALL FRY **FXHIBITIONS**

Our galleries offer a diverse year. They serve as a platform to showcase work from a wide range of artists as well as art, heritage and community projects curated by The

The galleries are free to visit day apart from the first and last day of the exhibition days.

In 2020 we are hosting a special curated programme grant from the David Family number of participants we experimental art practices and build partnerships with artists and creative organisations to offer a more diverse artistic programme to our local





7 minutes to An Ocean of Calm (an immersive experience) Victoria Jane Leith

19 to 21 December & 6 to 8 January

Victoria Jane Leith invites you to an immersive music and art-based experience, '7 Minutes to an Ocean of Calm'. In the centre of Gallery 1. Victoria will play an original 7-minute piano composition, 'Boundless'. whilst inviting you to sit in front of one of a series of her large blue sea and skyscapes. The event will culminate in an acoustic tranquillity concert on Tuesday 7th January at 6pm. A calmer world awaits...

Full details of live performances available on our website.

Supported by the David Family Foundation

11 January - 2 February



LINO PRINT A LARGE GROUP SHOW An exhibition of relief prints

In 2019, The Horsebridge began working collaboratively with Whitstable artist Ben Dickson to bring together a group of artists who use relief printing as a fine art medium.

Zoe Cloke, Laura Boswell, Ieuan Edwards, Hannah Firmin, Andy Fisher. Peter Gander, Eric Gaskell, Kate Guy, Tina Hagger, Andy Johnson, Nick Morley, Jo Oakley, Emily Smith Polybank, Mat Pringle, Ben Sands and Total Pap join Ben in LINO PRINT, a selling exhibition of framed and editioned lino and woodcut prints.

Details of special Lino print workshops on page 29 and on our website thehorsebridge.org.uk/galleries



#### GALL FRY EXHIBITIONS

11 January - 26 January



A FRESH START The Whitstable School A level Fine Art, Photography and Textiles

6th form students at the Whitstable School and The Horsebridge Arts Centre have co-curated A FRESH START as part of their A level. Fine Art, Photography and Textiles courses

This mixed media collection showcases Year 12 and 13 work created during the course, in a professional gallery environment, allowing the students to demonstrate their comprehensive knowledge of the fundamentals of Art and Design.

Supported by the David Family Foundation

29 January - 4 February



SLOW STITCH The practice of mindful and contemplative textile art Slow Stitch Group

SLOW STITCH is a collaborative show reflecting the personal creative journeys of a number of local participants of the SLOW stitch course, taught over the last 3 years at the Horsebridge Arts Centre by artist and teacher Yvonne Fuchs

Mindful and completive stitching is a way to engage with textile art in a creative and reflective way. A collection of individual approaches to this practice has been curated by Yvonne in this exhibition of textile work. To find out more about this years course see page 29.

5 - 11 February



Capture the Moment Debra Ivens

Debra Ivens is a British artist who draws inspiration from the seascapes and landscapes of Southern England.

Her paintings are in turn abstract and realist, yet always engaging and whimsical

Her love for wild Britain seeps into each piece.



# **Hut 23 Harbour Art Gallery**

31 December - 7 January 2020

Made in Whitstable Group Show

7 - 14 January Closed for Renovations

21 - 28 January Daphne Candler Acrylic Paintings and Prints

28 January - 4 February Janet Dance and Marion Shepherd Acrylic Paintings and Jewellery

4 - 11 February Daphne Candler Acrylic Paintings and Prints

> 11 - 18 February Bethany Rogers Ceramics

18 February - 3 March Irene Southon Studio Art Glass



**Open Friday - Sunday and Bank Holidays** 

3-10 March Lindsay Wilkinson Felting and Photographs

10 - 17 March Lola Mcdowell and Lorriane Kinnear

Textiles. Watercolours and **Photographs** 

17 - 24 March Tim Newland Original Acrylic Paintings

24 - 31 March Janet Dance and Marion Shepherd Acrylic Paintings and Jewellery

31 March - 7 April Lola Mcdowell and Lorriane Kinnear Textiles. Watercolours and **Photographs** 

Weekdays 11am - 4pm Weekends 10am - 5pm Contact madeinwhitstable@gmail.com for further information





Made In Whitstable 'Connections' exhibition 8-21 April 2020 Gallery 1 at The Horsebridge Arts Centre



#### GALL FRY EXHIBITIONS

#### 5 - 11 February



WORK Stephanie Brunton and Colin Whitaker

The theme of WORK is explored in different ways by the two artists through a series of paintings and prints.

Stephanie captures performers and musicians at work, whilst Colin investigates places where work is carried out, either now or in the past.

12 - 18 February



**Estelle Jourd** Spring Show

Reflecting a lifetime spent in Whitstable by the coast. Estelle's work mainly focuses on the sea and sky.

The atmosphere created by the weather conditions throughout the vear feature in this solo show of seascapes in oil on canvas.

#### 12 - 18 February



**Beyond the Mundane** Natasha Pearl

Beyond the Mundane encompasses Natasha's work from the previous two decades and includes new unseen pieces.

This exhibition looks at the theme of there being something else that exists beyond ourselves, that is both magical and mysterious.

#### **GALLERY EXHIBITIONS**

#### 22 February - 9 March



**Pudding Pan Rock** Young History Makers

The Young History Makers combine heritage and contemporary arts in an exciting new exhibition as they unravel the mystery of how hundreds of little red roman pots ended up on the Whitstable and Herne Bay sea bed.

The Young History Makers are a group of young people aged 12-23 with an interest in heritage, the creative arts or both. They have been working alongside archaeologists, heritage professionals and artists since August 2019 to rediscover the history of the pudding pans and interpret them for a new generation. The group have also gained employable skills in the arts and heritage taking part in work placements, training days, workshops, trips and completing Arts Awards.

The Young History Makers project is funded by The National Lottery Heritage Fund and was delivered through a partnership between The Horsebridge Centre, Canterbury Archaeological Trust and Whitstable Community Museum Group. For more information about the project please email nicola@thehorsebridge.org.uk

#### 11 - 24 March



**At Memory's Edge** Fishslab Collective

Memory is an individual's perception of a real event; remembering, lost, forgotten, buried, sweet, bitter, sad or happy, but often imperfect images.

Artists will explore and respond to this theme

#### 11 - 24 March



Shoreline
Irene Southon Lindsay Wilkinson
and Sue Moreton

Through their work, the artists explore the colours and textures of the East Kent Shoreline and in particular their local area of Whitstable.

In this collaborative show the artists have created pieces using felt, ceramics and fused glass and examples of these materials in various stages of production will also be on display.

#### 25 March - 7 April



CANTERBURY SOCIETY OF ART



**Views by a thousand eyes** Canterbury Society of Art

Views by a thousand eyes focuses on the conceptual eye of the inner mind and how it evolves into an individual art form, allowing audiences to reflect on their own visual experiences.

Members of the Canterbury Society of Art seek to explore this theme through a variety of art forms, including three dimensional work, watercolour, acrylic, oil and pencil.

#### 25 March - 7 April



This is what I want to show you

Community instagram exhibition

After 2 successful years, our Instagram inspired community photographic exhibition returns for the third time. Over the past 3 months, participants have shared insights into their professional and personal worlds via Instagram with the hashtag #LMSY2020 and tagging @thehorsebridge.

These photos, printed by the Horsebridge Arts Centre, have been curated into a collection of moments, snapshots and experiences; This is what they want to show you.

Each printed entry will be for sale for £5 to raise funds for the Arts Centre.

23

Supported by the David Family Foundation

22 Foundation

YOUNG DIGITAL MAKERS













# **AUTUMNHIGHLIGHTS**





# **HORSEBRIDGE** AUCTION

We would like to say a **huge thank you** to the artists who kindly donated work and the public who visited the exhibition and bid enthusiastically and generously for the fantastic artwork available at auction.

We raised an incredible £4,358!

£4,140 will go to the centre to support our projects and £218 has been donated to the Pilgrims Hospice in memory of Ray our dearly missed caretaker.

Whilst we work very hard to earn the income to run the centre, we do need to raise around £2,000 a month to keep the doors open 7 days a week, so this money is incredibly important.

For those who missed out on winning art we've kept the artworks and artist information on our website: thehorsebridge.org.uk/artauction

Look out for the Horsebridge Art Auction 2020 in the Autumn

#### ADUITCI ASSES AND WORKSHOPS

There are many activities regularly taking place in the centre. Unless indicated these are not run by the Horsebridge so please use the contact information to contact the class tutors directly for any queries or to book.

Some classes only run during term time or have specific start dates, so please make sure you check before turning up.

You can find more information about all of the classes at thehorsebridge.org.uk/classes or by contacting the tutors.

- art
- craft
- dance & fitness
- languages
- mind & body
- theatre
- well-being
- writing

#### MONDAY

#### Spanish Intermediate Conversation

with Kent Adult Education 10am-12pm

www.kentadulteducation.co.uk

Tai-Chi

with Christine Hopper

afternoons

christinehopper@talktalk.net

Yoga Basics

with Bernadette Fisher 5.45-6.45pm

www.bernadettefishervoga.co.uk

■ Kent Coast Theatre (KCT) with Lou Fowkes

7-9pm

info@kentcoasttheatre.co.uk

Pure Pilates with Sharon Saker call for details

07970 258527

#### **TUESDAY**

Hatha Yoga

with Linda Thompson

10-11.30am yogajoyful@gmail.com

■ Introduction to Sahaja Yoga **Techniques** 

with Sahaja Yoga

10-11am

01227 459247

#### Italian Intermediate

with Kent Adult Education

■ Vinvasa Yoga

with Monica Marini

1-2.15pm

momoiah@vahoo.com

with Emma Epton

6.30-7.30pm

whitstablecommunityyoga@gmail.com

■ Callanetics Exercise Method

10-11am

www.callanetics-canterburv.co.uk

Dance Exercise

1-2.15pm

heartcentredyogauk@gmail.com

with Stephanie Fancy

www.facebook.com/fancvpilates

#### ADUITCI ASSES AND WORKSHOPS

#### THURSDAY

French for Fun with Vicki Sullivan

starting soon Beginners level 1 www.languageforfun.org

Hatha Yoga

with Linda Thompson

10-11.30am

vogajovful@gmail.com

#### French Intermediate Parlons Français

with Kent Adult Education

11.30am-12.30pm

www.kentadulteducation.co.uk

Tai-Chi

with Christine Hopper

12.30-1.30pm

christinehopper@talktalk.net

French Advanced

with Kent Adult Education

1-3pm

www.kentadulteducation.co.uk

Flamenco Dance

with Charlotte Baynes

5.15pm-6.15pm Mixed level charlottebavnes.com

■ Body Control Pilates with Alison Coblev

5.45-6.45pm Beginners 7-8pm Mixed ability www.pilateswithalison.net Exploring What Matters: Action for happiness course with Vinita Joseph

6.45-8.45pm

vinita@vinitaioseph.com

#### **FRIDAY**

French for Fun with Vicki Sullivan

9-10.30am Beginners level 3 10.40-12.10 Improvers level 1

www.languageforfun.org

Ballet & Contemporary Dance

with Rosita Yarbov 10-11am

www.reachperformance.co.uk

Adult Tap Dance with Rosita Yarbov

11am-12pm www.reachperformance.co.uk

#### **SATURDAY**

Yin Yoga

with Fmma Fpton 9.15-10.15am

whitstablecommunityvoga@gmail.com

Diva Bollywood Dance Class with Jasmin deSylva-Smith

10.30-11.30am

jasmin@my-energise.co.uk

Two day Colour Workshop with Janet Maxwell

10.30am-4pm Saturday & Sunday janetmaxwell@gmail.com

Flow Your Mind with Cass Xuxin Yoga

11.45am-12.45pm www.YogaWithCass.co.uk

■ Contemporary Textile Skills: Hand Stitching

with Ann Small

9.30am-12.30pm

ann@asmalldesign.co.uk

Contemporary Textile Skills:

Freehand Machine with Ann Small

1.30pm-4.30pm ann@asmalldesign.co.uk

#### **SUNDAY**

■ Two day Colour Workshop with Janet Maxwell

10.30am-4pm Saturday & Sunday janetmaxwell@gmail.com

Life Drawing

with Ron Freeman 11-1pm alternate Sundays rgcfreeman@aol.com

Slow Stitch

Yvonne Fuchs

2-4pm second Sunday of the month

fuchsv141@hotmail.com A Writing Course with a

Difference with Linda M. James

contact for dates www.lindamjames.co.uk

1-3pm

www.kentadulteducation.co.uk

Yoga

#### **WEDNESDAY**

with Jennifer Watson

with Jennifer Watson

11.15am-12.15pm watsonjennifer16@gmail.com

■ Heart Centred Yoga UK

Beginner voga

Pilates

6.30-7.30pm Intermediate 7.30-8.30pm Beginners

Please book direct with class tutors. Find out more on thehorsebridge.org.uk/classes

### COME AND EXPLORE THE WIDE RANGE OF EVENTS THE UNIVERSITY OF KENT HAS TO OFFER!









www.kent.ac.uk/events



#### ADUITCI ASSES AND WORKSHOPS



#### THEHORSEBRIDGE Photography Course with The Whitstable Photographic Co. 6-8pm Wednesday

A creative and practical 6 week photography course. You'll learn all the essentials of photography, including how to get your camera off auto mode. See page 33 for more information. CONTACT: 01227 281174 thehorsebridge.org.uk/photocourse

#### LINO PRINT: Linocut introduction workshop with Ben Dickson 6.30-8.30pm 16 Jan

Thursday 2.30-4.30pm 25 Jan Saturday

Two print workshops taking place during LINO PRINT: A LARGE GROUP SHOW exhibition to introduce linocut technique, using a tabletop mangle press.

CONTACT: 01227 281174 thehorsebridge.org.uk/linoprint

#### Two Day Colour Workshop for Artists & Designers with Janet Maxwell 10.30am-4pm

11/12 January and 8/9 February, Identifying strategies for a wider range and more control of colour combinations, through experimentation and discovery. Based on the teaching of Johannes Itten and Josef Albers at the Bauhaus. The workshops take place in a lovely bright studio with sea views. CONTACT: Janetmaxwell@gmail.com

#### **Life Drawing** with Ron Freeman

11am-1pm Sunday

Alternate Sundays starting from 12 January. If you would like to join these informal sessions, please speak to Ron.

CONTACT: 07749 835036 rgcfreeman@aol.com

#### Craft

#### **Contemporary Textile Skills: Hand Stitching** with Ann Small

9.30am-12.30pm Saturday

Starts 22 February. New classes offering various textile skills. Each class is half a day. They are only one a month, giving you plenty of time to practice before the next class. Places will be limited to 10, so don't wait too long!

CONTACT: ann@asmalldesign.co.uk asmalldesign.weebly.com

#### **Contemporary Textile Skills: Freehand Machine** with Ann Small

1.30-4.30pm Saturday

Starts 22 February. New classes offering various textile skills. Each class is half a day. They are only one a month, giving you plenty of time to practice before the next class. Places will be limited to 10, so don't wait too long!

CONTACT: ann@asmalldesign.co.uk asmalldesign.weebly.com



### **EVOLUTION HEALTH**

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- Homeopathy
- Humanistic Counselling
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- Therapeutic & Sport Massage



62 Borstal Hill

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Whitstable CT54NA



#### ADUIT CLASSES AND WORKSHOPS

Slow Stitch with Yvonne Fuchs

Sunday

Mindful and contemplative textile art. New course starts monthly on Sunday March 8th, Booking essential. Beginners and more experienced ALL very welcome. CONTACT: 07782 210304 fuchsv141@hotmail.com

#### Dance and Fitness

#### Dance Exercise with Jennifer Watson

11.15am-12.15pm Wednesday

Get your funk on...and keep fit! All ages, all fitness levels. Low impact. Fun exercise to music from the 70s and 80s. Safely taught by a Qualified Exercise to Music and Callanetics Instructor. No need to book or register.

CONTACT: 07966 731323 watsonjennifer16@gmail.com

#### Flamenco Dance with Charlotte Bavnes

5.15-6.15pm Thursday

Mixed Level. Enjoy an exciting array of Flamenco styles such as Alegrias, Bulerias, Guajiras + more. Charlotte is a highly experienced and inspired teacher within the arts. Ideally, wear shoes with a firm

CONTACT: 07906 685109 charlottecadiz@vahoo.co.uk charlottebaynes.com

#### **Ballet & Contemporary Dance** with Rosita Yarbov

10-11am Friday

For adults, run by Reach Performing Arts.

CONTACT: 01227 369891 reachacademy@sky.com www.reachperformance.co.uk

#### Adult Tap Dance with Rosita Yarbov

Friday 11am-12pm

Run by Reach Performing Arts.

CONTACT: 01227 369891 reachacademy@sky.com www.reachperformance.co.uk

#### **Diva Bollywood Dance Class** with Jasmin deSylva-Smith

10.30-11.30am Saturday

An hour to let your inner Diva out! A sneaky work out for your mind and body, it's fun to follow, simple routines. Evervone welcome.

CONTACT: 07761 199179 jasmin@my-energise.co.uk

#### Languages

Spanish Intermediate Conversation with Kent Adult Education

10am-12pm

Monday

CONTACT: 03000 412222 www.kentadulteducation.co.uk



### WHAT YOU'LL LEARN

- All the basics of how to operate your camera including how to get off auto mode.
- Composition techniques that will help you shoot a variety of scenes.
- An overview of how to do a digital workflow & organisation of your photos.
- How to post-process your photos and what software to use.
- Different genres of photography and practice at shooting them.
- How to create your own printed display of your work with Alex's fun and creative ideas for displaying your printed work at home

### THEHORSEBRIDGE Photography Course

#### THE WHITSTABLE PHOTOGRAPHIC Co.

#### 26TH FEBRUARY TO 1ST APRIL WEDNESDAYS 6 - 8PM

The Horsebridge Arts Centre have partnered with The Whitstable Photographic Co to bring you a creative and practical 6 week photography course in which you'll learn all the essentials of photography.

By the end you'll have experienced a range of techniques, creative ideas and approaches and created a varied portfolio of your own work ready for printing and

Professional photographer Alex Hare who will guide you through your weekly learning schedule in this fun, creative and stimulating course. Each week Alex will talk about a new aspect of photography before the group heads out into the town to create their own images based on the ideas suggested.

Course cost: £120 Gift Vouchers available.

Visit thehorsebridge.org.uk/photocourse for booking and further information.



#### ADUIT CLASSES AND WORKSHOPS

Italian Intermediate with Kent Adult Education

- <b>- - - - - - - - - -</b>	,	
11.30am-12.30pm	Thursday	
1-3pm	Thursday	
starting soon Beginners level 1 9-10.30am Beginners level 3 10.40am-12.10pm Improvers level 1		
ring a structured course.		
	oon Beginners level 1 Dam Beginners level 3	

#### ■ Mind & Body

	Tai-Chi	with	Christine Hopper
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afternoon Monday 12.30-1.30pm Thursday

1-3pm

Tuesday

T'ai Chi Ch'uan style is the traditional Yang form. When practiced regularly T.C.C brings noticeable improvement at physical, energetic, and emotional levels. The health benefits of a serious practice are rapidly felt in daily life. Booking essential. CONTACT: christinehopper@talktalk.net

#### Yoga Basics with Bernadette Fisher

5.45-6.45pm Monday

Classical Hatha Yoga for those new to yoga, returning, or seeking a slower class. CONTACT: 07739 302870 bernadetteannef@aol.com www.bernadettefisheryoga.co.uk

#### Pure Pilates with Sharon Saker

evening

Monday

Pure Pilates with Sharon Saker on Monday evening. Tone, sculpt, stretch and breathe ... All levels welcome. Just bring a mat and Wear comfortable clothing.

CONTACT: 07970 258527

#### **Introduction to Sahaja Yoga Techinques** with Sahaja Yoga

10-11am Tuesday

Weekly drop-in introductory sessions to Sahaja yoga techniques. Experience inner peace and silence with this calming soothing meditation, through the awakening of our gentle motherly energy, the Kundalini. Everyone is welcome, free of charge, donations only.

CONTACT: 01227 459247 07984 639394 www.sahajayoga.org

Please book direct with class tutors. Find out more on thehorsebridge.org.uk/classes



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#### ADUIT CLASSES AND WORKSHOPS

#### Hatha Yoga with Linda Thomson

10-11.30am Tuesday 10-11.30am Thursday

A space during the busy and often stressful week for you to stretch in classical yoga postures. For all levels, beginners welcome.

CONTACT: 07516 494300 yogajoyful@gmail.com

#### Vinvasa Yoga with Monica Marini

Tuesday

A dynamic and energising practice open to those with a more developed Yoga practice and/or a good level of stamina. These classes are defined by principles of Vinyasa Krama (intelligent sequencing) and include exploration of alignment, arm balances and the practice of inversions.

CONTACT: 01227 273147 07913 887108 momojah@vahoo.com

#### Yoga with Emma Epton

**6.30-7.30pm** Mixed Level

Tuesday

Yoga Alliance UK registered teacher. Emma is also pregnancy yoga trained.

CONTACT: 07891 454450 whitstablecommunityyoga@gmail.com

#### Callanetics® Exercise Method with Jennifer Watson

10-11am Wednesday

Lose at least one dress size in 10 hours! Safely strengthen your whole body, especially core and pelvic floor, and dramatically improve your posture and flexibility. Known as Meditation in Motion. CONTACT: 07966 731323 watsoniennifer16@gmail.com www.callanetics-canterbury.co.uk

#### **Heart Centred Yoga UK**

1-2.15pm Wednesday

Beginner Yoga. Yoga Poses, meditation and breathing practice followed by a blissful relaxation. CONTACT: 07955 850215 heartcentredyogauk@gmail.com

#### **Pilates** with Stephanie Fancy

6.30-7.30pm Intermediate Wednesday 7.30-8.30pm Beginners Wednesday

Both classes for men and women. Strengthen your body, mind and spirit.

CONTACT: 07890 897851 stephaniefancy@gmail.com www.facebook.com/fancypilates Instagram: fancypilates

#### **Body Control Pilates** with Alison Coblev

**5.45-6.45pm** Beginners Thursday **7-8pm** Mixed Ability Thursday

Practice pilates regularly and your body will become stronger, toned and more flexible. Suitable for people of all ages and levels of fitness. Small class sizes - maximum 12 participants. CONTACT: 07903 010816 alisonpilates@aol.com www.pilateswithalison.net



BY TERENCE RATTIGAL

#### WEDS 25TH - SAT 28TH **MARCH 2020**

WEBSITE www.playhousewhitstable.co.uk TELEPHONE 01227 272042

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#### ADUITCI ASSES AND WORKSHOPS

#### Yin Yoga with Emma Epton

9.15-10.15am Saturday

Yin Yoga targets the deep connective tissues of the body. Connecting to the meridian lines in the body. and encompasses Daoist principals and traditional yoga. CONTACT: 07891 454450 whitstablecommunityyoga@gmail.com

#### Flow Your Mind with Cass Xuxin Yoga

11.45am-12.45pm Saturday

A class combining movement and breathing, for any and every body. Based in Kent, Cass (E-RYT® 200) loves to explore the fascinating power of yoga, and the meditative relaxation practice – YogaNidrã. CONTACT: 07780543848 Namaste@YogaWithCass.co.uk Facebook@CassXuxinYoga

#### ■ Theatre

#### Kent Coast Theatre (KCT) with Lou Fowkes

Monday 7-9pm

Engaging community & inspiring potential, KCT is a community theatre company based at the Horsebridge. Productions and acting workshops throughout the year for adults 16+. CONTACT: 01227 280314 info@kentcoasttheatre.co.uk www.kentcoasttheatre.co.uk

#### ■ Well-beina

Exploring What Matters: Action for happiness course with Vinita Joseph 6.45-8.45pm

Starts 9 January. An 8 week course to explore what really matters for a happy and meaningful life. Feel good. Do good. To find out more email or book online. CONTACT: vinita@vinitajoseph.com www.actionforhappiness.org/join

#### ■ Writing

#### A Writing Course with a Difference with Linda M James

contact for dates Sunday

Starts 19 January. If you'd like to join a writing course that not only shows you how to improve your short story or novel writing skills to publication level, but also shows you where and how to market vour work, then this is the course for you.

CONTACT: 01227 634107 lindamiames@gmail.com www.lindamiames.co.uk

# THE**HORSEBRIDGE ARTS**CENTRE





4 to 5pm

For ages 6+

£3 per child or £5 for two.

Come and take part in our weekly after school club, crafting and making a variety of creative small projects. Booking with reception is advised.

9 January Fruit and Veg Stamping

16 January Block Printing and stamping Birthday Cards

> 23 January Portrait Drawing

30 January Solar System Mobiles

6 February Paper and Fabric Mosaics

Optical Illusion Heart Cards 13 February

27 February Young History Makers: Make Roman Pottery

5 March Young History Makers: Roman Boat Sculpture

12 March Magazine Clip Doodle Drawings

19 March Bookmark Making

26 March Environment Banners

#### CHILDRENS CLASSES AND WORKSHOPS

There are a range of activities regularly taking place in the centre for children. Unless indicated these are not run by The Horsebridge so please use the contact information to contact the class tutors directly for any queries or to book.

Some classes only run during term time or have specific start dates, so please make sure you check before turning up.

You can find more information about all of the classes at thehorsebridge.org.uk/kids or by contacting the tutors.

- art
- drama
  - languages
- music

#### **MONDAY**

Hev Diddle Music with Anita Memmott 9.20-10.05am 18months+ & 10.15-11am 0-18 months nitamemmott@gmail.com

#### **TUESDAY**

Musical Bumps Mixed Age with Kirsty Ottaway 10-10.45am 0 - 4 years www.musicalbumps.com

#### WEDNESDAY

La Jolie Ronde French for Children with Vicki Sullivan 3.45-4.30 age 8-10 4.30-5.15pm age 5-7 lajolieronde.co.uk

■ Playtime Theatre with Sara Kettlewell 4-5pm 7-11vrs & 5-6.15pm 11-18 yrs

www.plavtimetheatre.co.uk

#### THURSDAY

La Jolie Ronde French for Children with Vicki Sullivan 3.45-4.30pm Year R and year 1 laiolieronde.co.uk

■ Young Makers Club HORSEBRIDGEARTS 4-5pm 6yrs + (term time) thehorsebridge.org.uk/tickets

#### **SATURDAY**

La Jolie Ronde French for Children with Vicki Sullivan 9.15-9.45am Pre-school French

9.45-10.30am age 10-12 10.30-11.15 age 7-9 11.15am-12pm age 6-7 laiolieronde.co.uk

Following on from the fantastic Whitstable Seaside Guide exhibition, the Seaside Guide is now available exclusively from the HORSEBRIDGESHOP. Packed with illustrations and fascinating facts from along the seashore.







#### CHILDRENS CLASSES AND WORKSHOPS

#### ■ Art

#### Young Makers Club

**4-5pm** ages 6+ (term time) Thursday

HORSEBRIDGEARTS Come and take part in our weekly after school club and learn how to make and craft a variety of small projects. Please see page 40 for dates and full listing of activities. CONTACT: 01227 281174 thehorsebridge.org.uk/tickets

#### Drama

#### Playtime Theatre with Sara Kettlewell

4-5pm 7-11 years Wednesday **5-6.15pm** 11-18 years **Wednesday** 

Fun drama workshops run by one of the South East's leading children's theatres. Term-time only. CONTACT: 01227 266272 07758 729129 playtime@dircon.co.uk www.playtimetheatre.co.uk

#### Languages

La Jolie Ronde French for Children with Vicki Sullivan

**3.45-4.30pm** age 8-10 **Wednesdav 4.30-5.15pm** age 5-7 **Wednesday** 

**3.45-4.30pm** Year R and year 1 Thursday

9.15-9.45am Pre-school French Saturday

**9.45-10.30am** age 10-12 Saturday

**10.30-11.15am** age 7-9 Saturday

**11.15am-12.00pm** age 6-7 Saturday

The fun way to learn French with action songs, rhymes, role-play and stories. FREE trial session for all new families. Get in touch to find the right class for your child. Term time only. Booking required for all classes except Pre-school

CONTACT: 01227 779126 07889 495577 laiolierondevicki@gmail.com www.laiolieronde.co.uk

#### Music

Hey Diddle Music with Anita Memmott

**9.20-10.05am** 18mths +, booking required **10.15-11am** 0-18 mths, drop in class

Monday Monday

CONTACT: 07710 575390 nitamemmott@gmail.com

Musical Bumps Mixed Age with Kirsty Ottaway

**10-10.45am** 0 - 4 years

Tuesday

High quality music classes for babies to pre-school children.

CONTACT: 0845 0943786 07934 921072 canterbury.faversham@musicalbumps.com www.musicalbumps.com

Please book direct with class tutors. More information on thehorsebridge.org.uk/kids

JANUARYMARCH2020 41



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To Book: (01227) 281255 or message the Revival Facebook page ALL PROCEEDS WILL GO TO EAST KENT MIND & THE HORSEBRIDGE ARTS CENTRE





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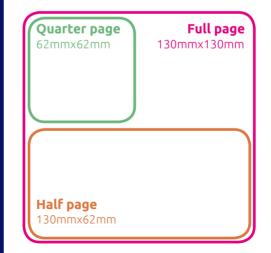
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#### ROOM HIRE AT HORSEBRIDGE

Rooms over three floors, serviced by a lift and offering accessible space for disabled people. A staffed reception to welcome and assist visitors along with a cafe providing refreshment throughout the day.

Room name	The Hub	W3	W5	W6	<b>Performance Space</b> <i>Mon-Fri Sat &amp; Sun</i>	
Hourly rate Day rate	£16 £90	£12.50 £60	£12.50 £60	£12.50 £60	Mon-Fri £18 -	£26 -
Room dimensions (m)	6.3 x 7.9	3.5 x 6	3.5 x 6	3.2<5 x 4.3	9.5 x 12	
Floor area (m²)	49	21	21	17.5	114	
Theatre seating capacity	40	16	16	15	150	
Boardroom seating capacity	24	8	8	12	50	
Standing capacity	45	20	20	20	240	

W3 and W5 offer sea views. The Hub and Performance Space are equipped with air conditioning.



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